

Body Language Part 2 Training Course Description

This course continues on the same format as [Body Language Part 1](#). It covers more advanced collection of gestures and signals used in personal or professional life while interacting with others. As before, the course has a large number of *gesture cards* that describe each behavior. Slides and workbooks contain various detailed explanations on these gestures, where they are used, what they mean and how to counteract them when necessary.



The modular nature of the course allows you to use the content easily in your own courses. The images and illustrations are designed with a uniform and consistent artistic style which can help you to polish your content and get the message across quickly and efficiently.



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In this highly practical course delegates will learn:

- Power, politics, domination and show of status
- Dealing with difficult people
- Meeting people in groups or in meeting rooms
- Presentations and public speaking

Many elaborate topics are covered. Examples are:

- What are intimidation gestures?
- How to know if someone isn't sure of what they are saying only based on their body language?
- How to take advantage of the power of touch?
- How to turn the table if you are consistently dominated?
- How to show that you mean it?
- How to appear serious and in charge?
- How to know if someone will be argumentative just based on how they sit on a chair?
- How personal zones affect our behavior just about everywhere?
- Why people in large cities appear cold?
- How to join a group of strangers confidently?
- How to sit in a meeting room to get best results?
- How to engage the audience effectively using body language?